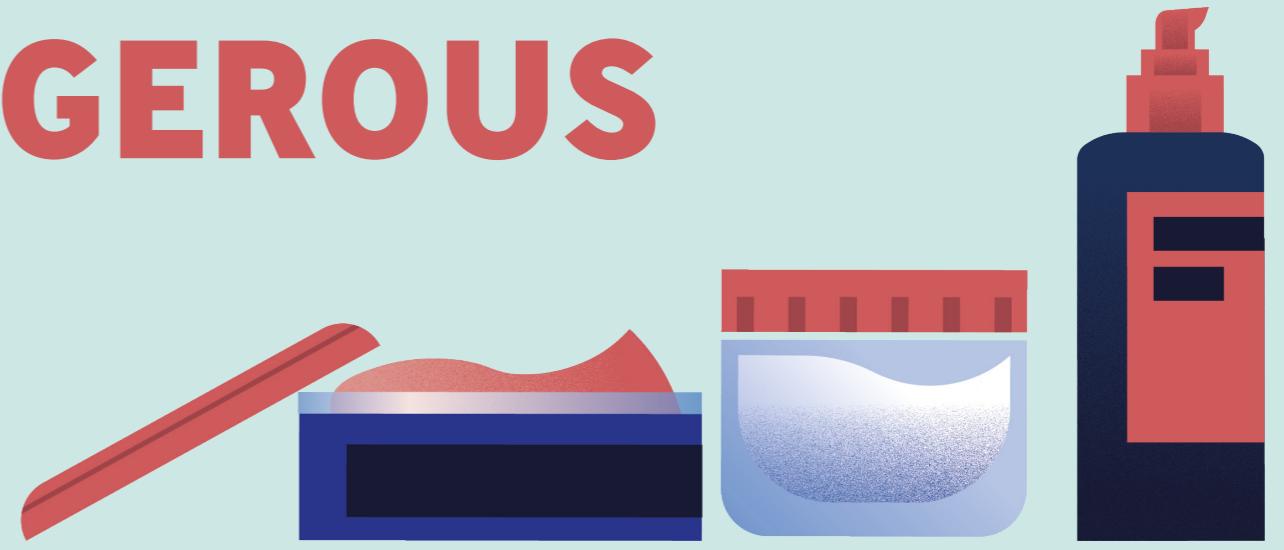


# Skin lightening products containing **MERCURY** are **DANGEROUS**

Mercury can have profound negative impacts on health and well-being. They can involve different body systems:



## **BRAIN**

The most sensitive target for mercury is the central nervous system. **Neurological and behavioural disorders** may be observed after inhalation, ingestion or dermal application of mercury in its different forms.

## **LUNGS**

The most commonly reported symptoms include **cough, dyspnoea, and chest tightness or burning pains in the chest**. Pulmonary function may also be impaired. Long term effects include **airway obstruction, airway restriction, as well as decreased vital capacity**.

## **KIDNEYS**

Inhalation and ingestion of mercury can impair the renal function leading to **urinary excretion of several proteins and degeneration of renal tissues and structures**.

## **SKIN**

Dermal exposure to mercury can induce **skin rashes, discoloration, blotching, contact dermatitis, heavy perspiration and reddened and/or peeling skin on the palms of the hands and soles of the feet**.

## **MUSCLES**

Some long-term exposures to mercury have resulted in **unsteady walking and performance decrements in psychomotor skills**.

**Ask advice and guidance to your dermatologist!**

